

DAFTAR PUSTAKA

- Abargouei, A.S., et al,. (2013). Underweight, Overweight and Obesity Among Zaboli Adolescents: A Comparison Between International and Iranians' National Criteria. *International Journal of Preventive Medicine* 4 (5): 523 – 530. Diakses 12 Mei 2014, dari <http://ijpm.mui.ac.ir/index.php/ijpm/article/view/.../105>
- Adriani, M dan Wirjatmadi, B. (2012). *Peranan Gizi Dalam Siklus Kehidupan*. Jakarta: Kencana Prenada Media Group.
- Aeberli I. et.al. 2006. Dietary intakes of fat and antioxidant vitamins are predictors of subclinical inflammation in overweight Swiss children. *Am J Clin Nutr*, 84: 748-755.
- Albrink, M. J., 1978. *Dietary fiber, plasma insulin, and obesity1*. Am. J Clin. Nutr. 31: 5277-5279, 1978.
- Al-Dossary, S.S., et al. (2010). Obesity in Saudi children: a dangerous reality. *Eastern Mediterranean Health Journal*, 16, 9, 1003-1008.
- Almatsier, S. 2003. *Prinsip Dasar Ilmu Gizi*. Jakarta : PT Gramedia Pustaka Utama.
- Almatsier, S. 2005. *Penuntun Diet Edisi Baru*. Jakarta : PT Gramedia Pustaka Utama.
- Almatsier, S. 2011. *Gizi Seimbang Dalam Daur Kehidupan*. PT Gramedia Pustaka Utama : Jakarta.
- Andini, P. (2010). *Analisa Status Gizi Dengan Asupan Zat Gizi Mikro Dan Zat Gizi Makro Pada Mahasiswa Program Studi Gizi Universitas Diponegoro*. (jurnal Gizi dan Pangan).
- Anggraeni, A N. *Asupan Energi, Serat, dan Konsumsi Lemak serta Faktor Lain sebagai Indikator Risiko Obesitas pada Anak Pra Sekolah di TK Pembangunan Jaya Bintaro Tanggerang 2007*. Skripsi. Depok: FKM UI.
- Asih, W F. 2001. *Status Gizi Remaja dan Faktor-faktor yang berhubungan Pada Siswa SMUN 3 Bogor*. Skripsi. Depok : FKM UI.
- Astri, H, 2008, Kesehatan Reproduksi Remaja, [online]. Dari <http://hettyastri.wordpress.com/>. [28 Juni 2014]

- Badan Litbang Kesehatan. (2007). *Laporan Hasil Riset Kesehatan Dasar (Rskesdas) Indonesia Tahun 2007*. Jakarta : Kementerian Kesehatan Republik Indonesia.
- Badan Litbang Kesehatan. (2010). *Laporan Hasil Riset Kesehatan Dasar (Rskesdas) Indonesia Tahun 2010*. Jakarta : Kementerian Kesehatan Republik Indonesia.
- Balistreri, K S, and Van Hook J. (2009). *Socioeconomic Status and Body Mass Index Among Hispanic Children of Immigrants and Children of Native*. Am J Public Health, 99(-): 2238-2246.
- Baliwati, Y.F., Khomsan, A, dan Dwiriani, C. M. 2004. *Pengantar Pangan Dan Gizi*: Jakarta: Penebar Swadaya.
- Badriah, D. L. (2011). *Gizi Dalam Kesehatan Reproduksi*. Bandung : PT Refika Aditama.
- Beasley JM, Ichikawa LE, Ange BA, Spangler L, LaCroix AZ, Ott SM, & Scholes D. 2010. Is protein intake associated with bone mineral density in young women. *Am J Clin Nutr* 2010, 91, 1311 —1316.
- Benedich, A. dan Deckelbaum. R.J. *Preventive Nutrition: The Comprehensive Guide for Health Professionals*. Ed ke-3. New Jersey: Humana Press, 2005.
- Berdanier C.D. 1998. *Advanced Nutrition Micronutrient*. New York : CRC Press : 37 - 51 ; 152 - 180.
- Beres, et al., (2009). *Calcium intake and its relationship with risk of overweight and obesity in adolescents*. Botucatu School of Medicine, São Paulo State University (UNESP), São Paulo, Brazil Vol. 59 Nº 1, 2009.
- Black RE, Williams SM, Jones IE, Goulding A. Children who avoid drinking cow milk have low dietary calcium intakes and poor bone health. *Am J Clin Nutr* 2002; 76:675-80.
- Black J.L. & Macinko J. (2010). *The Changing Distribution and Determinants of Obesity in the Neighborhoods of New York City, 2003-2007*. American Journal of Epidemiology, 171 (7): 765-775.
- Bowman, B.A. dan Rusell., R.M. ed. *Present Kowledge in Nutrition*. Ed. Ke-8. Washington DC: ILSI Press, 2001.
- BPS. Statistik Indonesia 2007. Jakarta, katalog BPS:1401, 2007.

- Brauchla, et al., (2012). *Sources of Dietary Fiber and the Association of Fiber Intake with Childhood Obesity Risk (in 2–18 Year Olds) and Diabetes Risk of Adolescents 12–18 Year Olds*. Department of Nutrition Science, Purdue University, USA. NHANES 2003–2006.
- Bray, G.A., Paeratakul S., dan Popkin B.M. (2004). *Dietary Fat And Obesity: A Review of Animal, Clinical, And Epidemiological Studies*. Physiology & Behaviour, 83 (2004): 549-555.
- Barry, J., (2011). The Relationship Between Vitamin D And Calcium/Dairy Intake And Obesity In Children. *Institute Of Medicine*, 2011.
- Berkey, et al., (2000). *Activity, Dietary Intake And Weight Changes In A Longitudinal Study Of Preadolescent And Adolescent Boys And Girl*. The American of Pediatric.
- Brehm, B. J., (2004). *The Role of Energy Expenditure in the Differential Weight Loss in Obese Women on Low-Fat and Low-Carbohydrate Diets*. University of Cincinnati and Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio 45221.
- Brown, J.E. (2005). *Nutrition through the life cyle 2nd ed*. USA: Thomson-Wadsworth.
- Butte, N E., et al. (2007). Metabolic and Behavioural Predictors of Weight Gain in Hispanic Children: The Viva la Lamilia Study. *American Journal of Clinical Nutrition*, 85(6): 1478-1485
- Chen, M., et al., (2012). Effects of dairy intake on body weight and fat: a meta-analysis of randomized controlled trials1–4. *Am J Clin Nutr* 2012;96:735–47.
- Czerwinski M & Muller M.J. 2004. Nutrition. In W. Kiess, C. Marcus, & M.Wabitsch (Ed). *Obesity in Chilhood and adolescence (Vols.9)*. New York: Karger.
- Daryono. *Hubungan antara Konsumsi Makanan, Kebiasaan Makan dan Faktor-faktor Lain dengan Status Gizi Anak Sekolah di SD Islam Al Fatah Tahun 2003*. Tesis. Depok:FKM UI.
- Dai Shifan et.al. 2002. *Longitudinal Analysis of Changes in Indices of Obesity From Age 8 Years to Age 18 Years*. Project Heart Beat. American Journal of Epidemiology, 156(8): 720-729.
- Davies KM,Heaney RP, Recker RR. *Calcium intake and body weight*. J Clin Endocrinol Metab 2000; 85: 4635-8.

- Dehghan, M., et al,. (2005). *Childhood Obesity, Prevalence and Prevention*. Nutrition Journal, 4 (24) : 1475-2891. Diakses 26 Juni 2014, dari <http://www.nutritionj.com/content/pdf/1475-2891-4-24.pdf>
- De Gouw, L., et al. (2010). Associations between diet and (in) activity behaviors with overweight and obesity among 10-18-year-old Czech Republic adolescents. *Public Health Nutrition*, 13, 10A, 1701-1707.
- Departemen Kesehatan. (1999). *Rencana Pembangunan Kesehatan Menuju Indonesia Sehat 2010*. Jakarta.
- Departemen Gizi dan Kesehatan Masyarakat FKM UI. *Gizi dan Kesehatan Masyarakat*. Jakarta: Raja Grafindo Persada, 2007.
- Direktorat Jenderal Bina Kesehatan Masyarakat. (2002). *Pedoman Umum Gizi Seimbang (Panduan Untuk Petugas)*. Jakarta.
- Dietz W. H. 2006. In Hanber M.J (Ed.). *Modern Nutrition in Health and Disease. Tenth Edition*. Philadelphia: Lippincott Williams & Wilkins.
- Djunaedi, H. "Kalsium". Majalah Kedokteran Indonesia, No.12, Desember 2000, 565-569.
- Drapeau. V. et al., (2004). *Modifications In Food-Group Consumption Are Related To Long-Term Body-Weight Changes*. (Am J Clin Nutr. 2004;80:29-37).
- Drewnowski, A., dan Specter S.E. (2004). Poverty And Obesity: The Role of Energy Density And Energy Costs. *Am J Clin Nutr*, 79(-): 6-16.
- Duniawida. (2014). *Fungsi Kalsium*. diakses 19 Juni 2014, dari <http://www.duniawida.com>
- Efendi, F. & Makhfudli 2009. *Keperawatan Kesehatan Komunitas Teori dan Praktik dalam Keperawatan Salemba*, Jakarta, Penerbit Salemba Medika.
- El-Bayoumy, S.L., & Lotfy H. 2009. *Prevalence of obesity among adolescents (10 to 14 years) in Kuwait*. Asia-Pasific Journal Of Public Health, 21 (2): 153-159.
- FAO/WHO. *Vitamin and Mineral Requirements in Human Nutrition*. China: FAO/WHO, 2004.

- Febianty, F., (2009). *Hubungan Kebiasaan Jajan, Karakteristik Anak Serta Karakteristik Orang Tua Dengan Status Gizi Anak Sekolah di SDN Rawajati 03 Pagi Jakarta Selatan Tahun 2009*. Skripsi. Depok: FKM UI.
- Fentiana, N., 2012. *Asupan Lemak Sebagai faktor Dominan Terjadinya Obesitas Pada REMaja (16-18 Tahun) di Indonesia tahun 2010 (Data Riskesdas 2010)*. Skripsi. Depok : FKM UI.
- Fikawati, S., Syafiq, A., dan Puri, P. (2005). *Konsumsi Kalsium Pada Remaja, Gizi dan Kesehatan Masyarakat dalam Gizi dan Kesehatan Masyarakat, Departemen Gizi dan Kesehatan Masyarakat FKM-UI*. Jakarta : PT Raja Grafindo Persada.
- French, SA., Story, M., Neumark-Sztainer, D., Fulkerson, JA., Hannan, P. 2001. *Fast food restaurant use among adolescent: associations with nutrient intake, food choices and behavioral and psychosocial variables*. Internasional Journal of Obesity, 25, Hal. 1823 – 1833.
- Garrow, J.S. et al. 2006. *Human Nutrition And Dietetics, Tenth Edition*. London: Churchill Living Stones.
- Garrow J.S. 2006. Obesity. In Matthew J. Hanber (Ed.). *Modern Nutrition inHealth and Disease. Tenth Edition*. Philadelphia: Lippincott Williams &Wilkins.
- Gemili S.N. *Analisis Hubungan Asupan Energi, Protein, Lemak, Karbohidrat dan Serat dengan Indeks Massa Tubuh CDC Pada Siswa SLTA*. (Semarang : Skripsi. FK-UNDIP, 2004).
- Gharib, N. dan Rasheed (2011) *Energi and macronutrient intake and dietary pattern among school children in Bahrain*. Saudi Arabia: Dammam University. Journal Vol.10.1186/1475-2891-10-62 2011: 10-62.
- Gibson, R.S., (1998). *Principles of Nutritional Assessment*. Oxford University Press: New York.
- Gibson, R.S., (2005). *Principles of Nutritional Assessment*. Oxford University Press: New York.
- Guthrie, HA dan Picciano, MF. 1995. *Human Nutrition*. USA: Mosby.
- Hajian-Tilaki, K.O., Sajjadi P. dan Razavi A. (2011). Prevalence of overweight and obesity and associated risk factors in urban primary-school children in Babol, Islamic Republic of Iran. *Eastern Mediterranean Health Journal*, 17,2,109-114.

- Hardinsyah dan Tambunan V. (2004). *Angka Kecukupan Energi, Protein, Lemak dan Serat Makanan*. Jakarta : Widyakarya Nasional Pangan dan Gizi VIII.
- Harini R. 2005. Hubungan konsumsi *fast food* dengan terjadinya obesitas pada remaja siswa-siswi SMU di wilayah kerja Puskesmas Karawaci Baru Kota Tanggerang Propinsi Banten. (*Skripsi*). Depok: FKM.UI.
- Haryanto, I (2010). *Faktor-faktor yang berhubungan dengan Obesitas (Z-Score > 2 IMT menurut umur)pada anak usia sekolah dasar 7 – 12 tahun di pulau jawa (analisis data Riskesdas 2010)*. Tesis. Depok : Universitas Indonesia.
- Heaney, et al., (2003). Symposium: *Dairy Product Components and Weight Regulation Normalizing Calcium Intake: Projected Population Effects for Body Weight*. Creighton University, Omaha, NE.
- Heitmann B.L. & Lissner L. 2001. Fat in the diet and obesity. In Per Björntorp (Ed). *International Text Book of Obesity*. UK: John Wiley & Sons, Ltd.
- Henrich, J. 2003. Calcium and Your Bones. World ide Web : http://health.yahoo.com/health/centers/bone_health/104-207-208.html diakses tanggal 26 Juni 2014.
- Hidayati S.N., Irawan R., Hidayat B. (2006). *Obesitas pada Anak* <http://www.pediatrik.com> Surabaya: Fakultas Kedokteran UNAIR. (diakses tanggal 9 Juli 2014).
- Hill J.O., Catenacci V.A., & Wyatt H.R. 2006. In Matthew J. Hanber (Ed.). *Modern Nutrition in Health and Disease. Tenth Edition*. Philadelphia: Lippincott Williams & Wilkins.
- Hill JO, Malenson EL, Wyat. (2000). *Dietary Fat Intake and Regulation of Energy Balance: Implication for Obesity*. JN, 130,(-): 284S-288S.
- Irwan, H., (2010). *Faktor-faktor yang berhubungan dengan Obesitas (Z-Score > 2 IMT menurut umur)pada anak usia sekolah dasar 7 – 12 tahun di pulau jawa (analisis data Riskesdas 2010)*. Tesis. Depok : Universitas Indonesia.
- Jeliffe, *The Assessment of The Nutritional Status of The Community*. WHO, 1996.
- Jennings A, Costarelli V, Davies GJ, Dettmar PW. *Habitual dietary calcium intake and body weight in 7-10 year old children*. Nutrition and Food Science Vaol 36 Iss:5;p.337-342.

- Jouret. B. (2007). *Factor Associated With Overweight in Preschool Age Children in Southwestern France*. Am J Clin Nutr, 85(-): 1643-9.
- Kementerian Kesehatan Republik Indonesia. (2011). *Keputusan Menteri Kesehatan Republik Indonesia No : 1995/MENKES/SK/XII/2010 Tentang Standar Antropometri Penilaian Status Gizi Anak*. Jakarta : Direktorat Jenderal Bina Gizi dan Kesehatan Ibu dan Anak.
- Khader, Y., et al (2009). Overweight and obesity among school children in Jordan: Prevalence and associated factors. *Matern Child Health J*, 13, 424-431.
- Kharismawati, R. (2010). *Hubungan Tingkat Asupan Energi, Protein, Lemak, Karbohidrat, Dan Serat Dengan Status Obesitas Pada Siswa Sd*. Program Studi Ilmu Gizi Fakultas Kedokteran, Universitas Diponegoro Semarang.
- Kim H.M. et al., 2006. *Obesity and Cardiovascular Risk Factors in Korean Children and Adolescents Aged 10-18 Years from the Korean National Health and Nutrition Examination Survey, 1998 and 2001*. American Journal of Epidemiology, 164(8): 787-793.
- Kornides, M.L., et al. (2011). *Factors Associated With Obesity in Latino Children: A Review of The Literature*. Hispanic Health Care International, 9(-): 127-136.
- Krummel, D.A. dan Etherton P.M. *Nutrition in Womens Health*. Maryland: Aspen Publication, 1996.Kurniasih, E., et al., (2010). *Sehat dan Bugar Berkat Gizi Seimbang*. Jakarta : PT Gramedia.
- Lamerz, A., et al. (2005). *Social Class, Parental Education, And Obesity Prevalence in A Study of Fourteen-Year-Old Children in Germany*. International Journal Of Obesity, 29 (-): 373-380.orp (Ed). International Text Book of Obesity. UK: John Wiley & Sons, Ltd.
- Langlois, et al. (2009). Diet Composition and Obesity Among Canadian Adults. *Health Reports*, 20(4):-.
- Lau, CF., Bagchi, M., Sen, CK, Bagchi DB., 2008. *Nutrigenomic basis of beneficial effect of Chromium (III) obesity and diabetes*. Mol Cell Biochem (317) Hal. 1-10.
- Lestari, D.S. *Hubungan Antara Kebiasaan Makan dan Aktivitas Fisik dengan Kejadian Obesitas pada Anak Sekolah di SD I Al Ma'rus, Cibubur Jakarta Timur Tahun 2008*. Skripsi. Depok: FKM UI.

- Liou, Y.M, Liou T.H, dan Chang L.C. (2010). Obesity Among adolescents: Sedentary Leisure Time and Sleeping As, Determinants. *Journal of Advanced Nursing*, 66(6): 1246-1256.
- Li, Y., et al. (2007). Determinants of childhood overweight and obesity in China, *British Journal of Nutrition*, 97, 210-215.
- Lorenzen JK, Molgaard C, Michaelsen KF, Astrup A. *Calcium supplementation for 1 year does not reduce body weight or fat mass in young girls*. Am J Clin Nutr 2006; 83:18-23.
- Manurung, N.K. (2008). *Pengaruh Karakteristik Remaja, genetik, Pendapatan Keluarga, Pendidikan Ibu, Pola Makan dan Aktivitas Fisik terhadap Kejadian Obesitas di SMU RK Tri Sakti Tahun 2008*. Tesis. Medan: Universitas Sumatera Utara.
- Mardhatillah. (2008). *Hubungan Kebiasaan Konsumsi Makanan Siap Saji Modern (Fast Food), Aktivitas Fisik, dan Faktor Lainnya Dengan Kejadian Gizi Lebih pada Remaja SMA Islam Pb. Soedirman di Jakarta Timur Tahun 2008*. Skripsi. Depok: FKM UI.
- Margareth A., et al., (1995). *Fiber Intake Of Normal Weight, Moderately Obese And Severly Obese Subject*. (Obesity Research Vol 3 no.6 541-546, 1995).
- Marjan A.Q. et al., (2013). *Hubungan Pengaruh Pola Konsumsi Pangan Dan Aktivitas Fisik Dengan Kejadian Osteoporosis Pada Lansia Di Panti Werdha Bogor*. Jurnal Gizi dan Pangan. Institut Pertanian Bogor.
- Miller, et al. “*The Importance of Meeting Calcium Needs with Foods*”. Journal of the American College of Nutrition (Online), vol. 20, pp. 168S-185S. 2001. Dari: www.jacn.org. (23 Juni 2014)
- Miller, E.R. et al., (1963). *Mineral Balance Studies with the baby pig : Effect of dietary Phosphorus Level upon Calcium and Phosphorus Balance*. Michigan State University, East Lansing, Michigan.
- Miqueleiz, L., et al,. (2013). Trends in the prevalence of childhood overweight and obesity according to socioeconomic status: Spain, 1987–2007. European Journal of Clinical Nutrition 68, 209-214| doi:10.1038/ejcn.2013.255
- Moehji, S. (2003). *Ilmu Gizi 2 Penanggulangan Gizi Buruk*. Jakarta : PT Bhratara Niaga Media
- Monks, F.J. 1999. *Psikologi Perkembangan Pengantar dalam Berbagai Bagianya*, Yogyakarta, Gadjah Mada University Press.

- Muchlisa, 2013. *Hubungan Asupan Zat Gizi Dengan Status Gizi Pada Remaja Putri di Fakultas Kesehatan Masyarakat Universitas Hasanudin Makasar Tahun 2013*. Jurnal MKMI. Program Studi Ilmu Gizi Fakultas Kesehatan Masyarakat Universitas Hasanudin Makasar.
- Muhilal, dkk. 1994. *Risalah Widya Karya Pangan dan Gizi*. Jakarta : Persatuan Ahli Gizi Indonesia : 428
- Mulyani, E., 2009. *Konsumsi Kalsium Pada Remaja di SMP Negeri 201 Jakarta Barat Tahun 2009*. Skripsi. Depok : FKM UI.
- Musaiger A. O. 2004. Overweight and obesity in the Eastern Mediteranea Region: can we control it. *Eastern Mediterranean Health Journal*, 10(6): 789-793.
- Nakamura K, Ueno K, & Nishiwaki T. 2005. Nutrition, mild hyperparathyroidism and bone mineral density in young Japanese women. *Am J Clin Nutr*, 82, 1127—1133.
- Nasreddine, L., (2009). *Adolescent obesity in Syria: prevalence and associated factors* American University of Beirut, Lebanon Accepted for publication 18 August 2009.
- Nawata K., Ishida H., Uenishi K., & Kudo H. 2008. *The relationship between serum leptin concentration and the percentage of body fat in Japanese high school students*. Asia-Pacific Journal Of Public Health 20: 180-188.
- Ness, A. R., (2012). *Associations between flavored milk consumption and changes in weight and body composition over time: differences among normal and overweight children*. European Journal of Clinical Nutrition **67**, 295-300| doi:10.1038/ejcn.2012.123
- Nicklas, T.A. “*Calcium Intake Trends and Health Consequences from Childhood through Adulthood.*” Journal of the American College of Nutrition [Online], vol. 22, pp. 340-356. 2003. Dari : www.jacn.org. (22 April 2008).
- Noel, S.E. Et Al., (2013). *Associations Between Flavored Milk Consumption And Changes In Weight And Body Composition Over Time: Differences Among Normal And Overweight Children*. European Journal of Clinical Nutrition **67**, 295-300|doi:10.1038/ejcn.2012.123.
- Notoatmodjo, S. 2007. *Kesehatan Masyarakat: Ilmu dan Seni*. Jakarta: Rineka Cipta.

Notoatmodjo, S. 2010. *Pendidikan dan Perilaku Kesehatan*. Jakarta: Rineka Cipta.

Noviyana, M. dkk., (2011). *Asupan Zat Gizi, Aktivitas Fisik Dan Kepadatan Tulang Penari*. Program Studi Ilmu Gizi Fakultas Kedokteran Universitas Diponegoro, Semarang.

Novotny, et al. "Calcium Intake of Asian, Hispanic, and White Youth." Journal of the American College of Nutrition (Online), vol. 22, pp. 64 – 70. 2003. Dari : www.jacn.org. (11 Mei 2014)

Novotny, R., et al., (2004). Dairy Intake Is Associated with Lower Body Fat and Soda Intake with Greater Weight in Adolescent Girls^{1,2}. J. Nutr. 134: 1905–1909, 2004.

Nutrition. (2014). *Kebutuhan Kalsium per/hari*. diakses 19 Juni 2014, dari <http://www.nutrition.com>

Olivares, S., et al. (2004). Nutritional status, food consumption and physical activity among chilean school children: A descriptive study. *European Journal of Clinical Nutrition*, 58, 1278-1285.

Onakpoya, I. J. et al., Efficacy of calcium supplementation for management of overweight and obesity: systematic review of randomized clinical trials. *Nutrition in Clinical Care*, 2011, Vol. 69(6):335–343

Papandreou, D., Malindretos P., dan Rousso I., (2008). Investigation of dietary intake and obesity status in a pediatric populatuion from Northem Greece. *Nutrition & Food Science*, 38, 6, 526-533.

Pettifor, J.M. (2007). Vitamin d &/or calcium dification rickets in infact & children: a global perspective. Indian J Med Res 127, March 2008, 245-249. Diakses 18 Juli 2014, dari <http://www.ijcm.org.in/article.asp>

Plaisance, E.P., (2011). *Dietary Methionine Restriction Increases Fat Oxidation in Obese Adults with Metabolic Syndrome*. Orentreich Foundation for the Advancement of Science, Biomedical Research Station, Cold Spring-on-Hudson, New York 10516.

Powirs, (2004). Dietary Calcium Intake And Obesity In Adult Women. *The POWIRS Study*. 2004.

Pratt, C.A., June Stevens, and Stephen Daniels. (2008). *Childhood Obesity Prevention and Treatment*. Am J Prev Med, 35 (3): 249-252.

- Pudjiadi, S. 2005. *Ilmu Gizi Klinis Pada Anak*. Jakarta: Fakultas Kedokteran Universitas Indonesia.
- Purnakarya, I dan Azrimaidaliza. (2011). Analisis Pemilihan Makanan Pada Remaja di Kota Padang, Sumatera Barat. *Jurnal Kesehatan Masyarakat Nasional* 6 (1).
- Putri, A. (2009). *Hubungan antara asupan makanan, aktivitas di waktu senggang dan jenis kelamin dengan status gizi lebih pada anak-anak di SD Vianney Jakarta Barat tahun 2009* (Skripsi). Fakultas Kesehatan Masyarakat, Universitas Indonesia.
- Rahayuningtiyas, F. 2012. *Hubungan Antara Asupan Serat dan Faktor Lainnya Dengan Status Gizi Lebih Pada Siswa SMPN 115 Jakarta Selatan Tahun 2012*. (Skripsi). Depok: FKM.UI.
- Rao, K. M., et al,. (2006). Diet and nutritional status of adolescent tribal population in nine States of India. *Asia Pac J Clin Nutr*, 15 (1): 64-71. Diakses 26 Juni 2014, dari <http://apcjn.nhri.org.tw/server/APJCN/15/1/64.pdf>
- Ravussin, E. dan Tataranni A., (1997). Dietary Fat and Human Obesity. *J Am Diet Assoc.*, 97 (-): S42-S46.
- Ravussin E. & Kozak L. P. 1997. Etiology and Pathophysiology Have we entered the brown adipose tissue renaissance?. *Journal compilation International Association for the Study of Obesity*, 10: 265-268.
- Richard S.D. dan Kouris-Blazos A., (1997). *Overweight and obesity*. St Leonards: Allen & Unwin.
- Roberts, B., Warthington dan Williams, S.R. (2000). *Nutrition Troughout The Life Cycle, Fourth Edition*. U.S.A : The Mc Graw-Hill Book.
- Salcedo, V., et al. (2010). Trends in Overweight and Misperceived Overweight in Spain from 1987 to 2007. *International Journal Of Obesity*, 34(-):1759-1765.
- Samadi, et al., (2012). *Dietary calcium intake and risk of obesity in school girls aged 8-10 years*. School of Nutritional Sciences and Dietetic and School of Public Health, Iran. *J Res Med Sci*. 2012 December; 17(12): 1102–1107. PMCID: PMC3703159
- Sari, D.N., 2012. *Faktor-faktor Yang Berhubungan Dengan Kejadian Obesitas Menurut Persen Lemak Tubuh Pada Remaja Di SMA Cakra Buana Dan SMK Prisma*, Depok Jawa Barat. Skripsi. FKM UI.

- Sari, R.I. 2012. *Faktor-faktor yang Berhubungan dengan Status Gizi Remaja Usia 12-15 Tahun di Indonesia Tahun 2007*. Skripsi, Fakultas Kesehatan Masyarakat Universitas Indonesia, Depok. Diakses 6 April 2014, dari <http://lontar.ui.ac.id/file?file=digital/20294684-SRatna%20Indra%20Sari.pdfk>
- Schrager S., (2005). *Dietary Calcium Intake and Obesity*. the Department of Family Medicine, University of Wisconsin–Madison. (*J Am Fam Dewan Pract* 2005; 18:205-210).
- Sarwono, S. W. 2001. Psikologi Remaja. Jakarta: Radja Grafindo Persada.
- Sayogo, S., 2011. *Gizi Remaja Putri*. Jakarta: Balai Penerbit Fakultas Kedokteran Universitas Indonesia.
- Sediaoetama, A.D. (2000). *Ilmu Gizi untuk Mahasiswa dan Profesi Jilid I*. Jakarta : Dian R,akyat: 2526,232233.
- Seidell, J.C. dan Tommy Visscher L.S. (2004). *Aspek kesehatan masyarakat pada gizi lebih*. Jakarta: EGC.
- Septriani, R.S. Dan Fitrianti, D.Y. (2013). *Hubungan Asupan Protein Dan Kafein Dengan Kepadatan Tulang Pada Wanita Dewasa Muda*. Skripsi. Program Studi Ilmu Gizi, Fakultas Kedokteran Universitas Diponegoro.
- Setijowati, N dkk. 2012. *Hubungan Antara Asupan Zat Gizi Mikro Seng (Zinc) Dengan Dismenorea Primer Pada Remaja Putri Di Man Kota Blitar*. Universitas Brawijaya : Malang.
- Siagian, C.M. *Kebiasaan Makanan dan Konsumsi Serat Makanan pada Remaja SMU di Bogor Tahun 2004*. Skripsi. Bogor: IPB.
- Singh, A.K., et al., (2006). *Lifestlye Associated Risk Factors In Adolescents*. (*Indian Journal of Pediatrics*, 73 (10):901-906, 2006).
- Soetjiningsih. 2004. *Tumbuh Kembang Remaja dan Permasalahannya*, Jakarta, CV. Sagung Seto.
- Stamatakis, E., et al. (2009). Time Trends in Chilhood and Adolescent Obesity in England from 1995 to 2007 and Projections of Prevalence to 2015. *J Epidemiol Community Health*, 64(-): 167-174.
- Stang, J., dan Story, M. (2005). *Guidelines For Adolescent Nutrition Service*. University of Minnesota : Minneapolis. Diakses 01 April 2014, dari http://www.epi.umn.edu/let/pubs/adol_book.html

- Steele Ric G., Nelson T.D., & Jelalian E. 2008. Pediatric Obesity Trends and Epidemiology. In Elissa Jelalian dan Ric G. Steele (Ed.). *Handbook Suhardjo*. 1989. *Sosio Budaya Gizi*. Bogor: IPB PAU Pangan dan Gizi.
- Supariasa. I D.N,et.al. *Penilaian Status Gizi*. Jakarta: EGC, 2002.
- Tremblay, L., & Lariviere, M. (2009). The influence of puberty onset, Body Mass Index, and pressure to be thin on disordered eating behaviors in children and adolescents. *Eating Behaviors* 10 (2) : 75 - 83. Diakses 9 Agustus 2013,
- Trichopoulou1, A., (2002). *Original Communication Lipid, Protein And Carbohydrate Intake In Relation To Body Mass Index*. Harvard School of Public Health, Boston. European Journal of Clinical Nutrition 56, 37 – 43.
- Triwinarto A. 2006. *Hubungan antara Aktivitas Fisik dengan Status Kegemukan pada Kohort Anak Tahun 2001 di Kota Bogor Tahun 2006*. (Tesis). Depok: Program Pascasarjana. Program Studi Ilmu Kesehatan Masyarakat. Universitas Indonesia.
- Ullrey, D.E. et al., (1964). *Mineral Balance Studies with the Baby Pig : Effect of Dietary vitamin D2, level upon Calcium, Phosphorus and Magnesium Balance*. Departement of Animal Husbandry and Biochemistry, Michigan State University, Michigan.
- Unaeze, H.N.H dan C.N. Okonkwo. (2011). Food Consumption Pattern and Calcium Status of Adolescents in Nnewi, Nigeria. *Pakistan Journal of Nutrition* 10 (4) : 317 - 321. Diakses 18 Mei 2014, dari <http://www.pjbs.org/pjnonline/fin1914.pdf>
- Utami, W.S. *Hubungan Antara Aktivitas Fisik, Kebiasaan Konsumsi Serat, dan Faktor Lain Dengan Kejadian Obesitas pada Siswa SD Islam Annajah Jakarta Selatan Tahun 2009*. Skripsi. Depok: FKM UI.
- Van Dam, et al., (2007). *REVIEW Carbohydrate intake and obesity*. Department of Nutrition, Harvard School of Public Health, Boston. European Journal of Clinical Nutrition (2007) 61 (Suppl 1), S75–S99. doi:10.1038/sj.ejcn.1602939.
- Venti, C. A. et al., (2005). Lack of Relationship between Calcium Intake and Body Size in an Obesity-Prone Population. *J Am Diet Assoc*. 2005;105:1401-1407.

- Vivier P & Tompkins C. 2008. *Health Consequences of Obesity in Children and Adolescents.* In Elissa Jelalian dan Ric G. Steele (Ed.).*Handbook of Childhood and Adolescent Obesity.* LLC: Springer Science Business Media.
- Wati, J. (2009). *Hubungan Antara Aktifitas Fisik, Asupan Zat Gizi Makro, Asupan Serat dengan Obesitas PNS di Kepolisian Besar Bandung Tahun 2009.* Skripsi Depok: FKM UI.
- Wahyuni, S. (2013). *Hubungan Konsumsi Fast Foos dengan Obesitas Pada REMaja di Akademi Kebidanan Muhammadiyah Banda Aceh.* (Skripsi). Sekolah Tinggi Ilmu Kesehatan U'Budiyah Program Studi Diploma IV Kebidanan Banda Aceh
- Wahyuni, IR (2010). *Perbedaan gizi lebih pada anak umur 10 – 14 tahun, berdasarkan aktifitas fisik, di Provinsi Sumatera Selatan (analisa data sekunder Riskesdas 2007).* Skripsi. Jakarta: Universitas Esa Unggul.
- WHO. (2007). Growth Reference 5-19 Years. 6 Juli 2014. http://www.who.int/growthref/who2007_bmi_for_age/en/index.html
- Widyakarya Nasional Pangan dan Gizi. (2004). Angka Kecukupan Gizi. Jakarta: LIPI.
- Williams, M.M. 2005. *Adolescence-Chane dan Challenge dalam Nutrition For The Growing Years*
- Winzenberg, et al., (2007). *Calcium Supplements in Healthy Children Do Not Affect Weight Gain, Height, or Body Composition.* Department of Health and Human Services, Tasmania. Research Institute, Private Bag 23, Hobart, TAS 7001.
- Wirakusumah, ES 1990, *Perencanaan Menu Anemia Gizi Besi.* Jakarta: Trubus Agrowidya, Hal 1-30.
- Young, E.M., et al. (2004). *Association between Perceived parent Behaviors and Middle School Student Fruit and vegetable Consumption.* J Nutr Educ Behav. 36(-): 2-12.

Yu, B.N., et al (2010). Weight status and determinants of health in Manitoba children and youth. *Canadian Journal of Dietetic Practice and Research*, 71, 3, 115-121.

Zeller M.H. & Modi A.C. 2008. *Psychosocial Factors Related to Obesity in Children and Adolescents*. In Elissa Jelalian dan Ric G. Steele (Ed.). Handbook of Childhood and Adolescent Obesity. LLC: Springer Science and Business Media.